

# the ROCK GARDEN

## TO START

Caprese salad £8 (279 Kcal)  
Heritage tomatoes, mozzarella and basil

Add chicken - £4 (214 Kcal)  
Add Prawn - £4 (78 Kcal)

Classic prawn cocktail £9 (307 Kcal)  
Baby gem, Marie rose sauce, cherry tomato, lemon, wholemeal  
sourdough, Guernsey butter

Grilled tiger prawns £9 (115 Kcal)  
Cherry tomatoes, garlic butter

Slow cooked BBQ baby back pork ribs £9 (422 Kcal)  
Crispy onion, chives

Caesar salad £8 (264 Kcal)  
Grana Padano cheese, anchovies, sourdough croutons

Add chicken - £4 (214 Kcal)  
Add prawn - £4 (78 Kcal)

Buffalo chicken wings £8 (352 Kcal)  
Carrot and celery salad, ranch dressing

Seared Guernsey scallops £11 (283 Kcal)  
Chorizo, sweetcorn, chilli and spring onion

Baked Camembert £13 (431 Kcal)  
Truffle honey and grilled sourdough

## FROM THE GRILL

We partner with award-winning butcher Udale Specialty Food to bring you top quality Cumbrian beef aged with Himalayan salt, resulting in improved taste and texture. The state-of-the-art natural refrigerator containing 4,800 salt blocks ensures the meat is aged to perfection for 28-35 days.

Chargrilled spatchcock chicken £19 (680 Kcal)  
Lemon and thyme

12oz\*Suffolk raised Dingley Dell Red Duroc pork chop £20 (701Kcal)

Sirloin steak 8oz\* £27 (632 Kcal)

Sirloin steak 16oz\* £40 (936 Kcal)

Rib-eye steak 10oz\* £31 (789 Kcal)

Rib-eye steak 16oz\* £44 (1261 Kcal)

Fillet steak 8oz\* £35 (762 Kcal)

Fillet steak 14oz\* £54 (901 Kcal)

Catch of the day £21 (296 Kcal)

Chargrilled cauliflower steak £14 (207 Kcal),  
Cauliflower purée

All dishes are served with roasted cherry tomatoes on the vine and  
grilled portobello mushroom with a choice of sauce.

### SAUCES

- Diane (101 Kcal) • Peppercorn (61 Kcal)
- Béarnaise (181 Kcal) • Garlic or Café de Paris butter (287 Kcal)
- Blue cheese (203 Kcal) • Chimichurri (49 Kcal)

## GRAZE FOR TWO

Beales Farm charcuterie board £30

Flat bread, Cerignola olives,  
sun dried tomatoes, stuffed vine leaves,  
grilled halloumi, hummus,  
balsamic onions, pickled red cabbage,  
cornichons (1298 Kcal)

Rock Garden Seafood Platter £80

Poached lobster, Guernsey white crab,  
Herm oysters, smoked salmon,  
tiger prawns, Guernsey scallops and mussels,  
braised octopus salad,  
grilled courgettes and peppers, capers,  
lemon, tzatziki, tabasco sauce,  
khubz bread (1559 Kcal)

### SIDES £4

Koffman fries (529 Kcal)

Koffman triple cooked chips (432 Kcal)

Gluten free cider batter onion rings (175 Kcal)

Fattoush salad (94 Kcal)

Wilted spinach with chilli (64 Kcal)

Roast broccoli with garlic and olive oil (55 Kcal)

Fine beans, confit shallots (Vegan) (111 Kcal)

Mac and Cheese (641 Kcal)

Buttered new potatoes (144 Kcal)

HandPICKED  
HOTELS

**A discretionary service charge of 12.5% will be added to your bill.**

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.  
If more information about allergens is required, please ask a member of the team.